



Discover your expat (spouse) potential via individual online testing

We offer you the chance to benefit from a variety of expert testing in different fields to get a deeper grip on your potential that can help you settling in Vienna/Austria more easily.

We provide individualized psychological testing followed by individual coaching based on the testing. We will also work together with our other experts so that you can benefit even more.

Most of our tests are available online and in a big variety of languages – together with you we will figure out what works best for you.

Steps:

1. Per email or live chat we will figure out what tests you are interested in or would make perfect sense in your current situation
2. Then you will either get a link sent to you (online version) so that you can do the testing wherever you want or we will meet in person and do it in a one-to-one setting
3. After completing the tests, I will evaluate your answer and get back to you with a report and guidelines for you how to work with your report
4. We will then arrange a meeting in person or online to discuss your results
5. Then you can do additional individually based coaching

Psychological tests are used in a range of contexts, including individual and relationship counseling, career counseling, employment testing, overall emotional and mental as well as interaction management.

Analyze your potential in the work field:

- What strengths do I have? Do I already know all of them?
- What do I want to do for work or continuing education?
- Where do I need to improve?
- How is my energy management?
- Discover careers and occupations most suitable for your personality type along
- Understand communication and learning styles of your type
- Combined with our workshops these tools and answers help you build the profile you need in the work field
- It's based on your individual status and needs as well as the questions you have yourself



Get to know yourself better in private life:

- What type of personality do I have?
- How do I react in different situations?
- How do I handle stress?
- Discover your strengths of preferences and the description of your personality type
- These deeper insights can help you to uncover how to cope better with everyday problems and conflicts (at home as well as at work) as well as to improve Self-esteem and simply understand yourself better

Costs: The costs vary by test license in the range of 50 Euros to 200 Euros () A short report is included in that package. The costs for coaching and discussing your result with the psychologist in person or online are based on an hourly cost at 150 Euros. Depending on your insurance it is covered by them.



VIE LESA members will benefit from a 10% discount on the online testing costs.
Please contact Maria Uhl directly to arrange your individual online testing.

Contact:

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